

**CATHY FARRIS**  
**OCTOBER 23, 2010**

Teacher: **Cathy Farris**

Saturday Workshop: **Mid Life Crisis**

Fee: **\$30**

Monday's Lecturer: **Cathy Farris**

Topic: **Mystery Quilts**

[www.cathyfarrisquilts.com](http://www.cathyfarrisquilts.com)



# Midlife Crisis

## Fabric Color Key

Cut a swatch from each of your fabrics and glue in the boxes below

**Color 1**  
**Lightest Fabric**

**Color 2**

**Color 3**

**Color 4**

**Color 5**

**Color 6**

**Color 7**  
**Darkest Fabric**

**Black**

# Midlife Crisis

## Cutting Instructions

### Fabric Amounts

Colors 1-6	½ yd. each	Color 1 = lightest color fabric
Color 7	1 ½ yd.	Color 7 = darkest color fabric
Black	4 yd.	

### From the lightest color to the darkest color:

**lightest fabric**

**Gradation**



**darkest fabric**

Color 1	Cut (5) strips @ 1 ¾" x wof
Color 2	Cut (6) strips @ 1 ¾" x wof
Color 3	Cut (4) strips @ 1 ¾" x wof
Color 4	Cut (6) strips @ 1 ¾" x wof
Color 5	Cut (6) strips @ 1 ¾" x wof
Color 6	Cut (8) strips @ 1 ¾" x wof
Color 7	Cut (8) strips @ 1 ¾" x wof Cut (8) strips @ 3" x wof
Black	Cut (38) strips @ 1 ¾" x wof

Label all strips with color number

**Bring any extra fabric to class.**

# Pre-Class Sewing Instructions

1. Accurate  $\frac{1}{4}$ " seams very important.
2. Use same machine as will be using in class if possible. Label Strip Sets with strip letters
3. Strip sets use three fabrics – pressing will be either



4. Careful – Do not “bow” strips when pressing.
5. Hang on shirt hanger, over cardboard covered wire hanger, or roll on paper towel roll to avoid wrinkling. Winding and pinning strips on a swimming pool foam noodle also works great.

## 27 strip sets (3 fabrics each)

Strip Set A – Make 1 – Press allowances toward center  
Black – Black – Black

Strip Set B – Make 1 – Press allowances toward center  
Black – Color 1 – Black

Strip Set C – Make 2 – Press 1 toward center / Press 1 away from center  
Black – Color 2 – Black

Strip Set D – Make 4 -- Press 2 toward center / Press 2 away from center  
Color 1 – Black – Color 3

Strip Set E – Make 4 -- Press 2 toward center / Press 2 away from center  
Color 2 – Black – Color 4

Strip Set F – Make 2 -- Press 1 toward center / Press 1 away from center  
Black – Color 5 – Black

Strip Set G – Make 2 – Press 1 toward center / Press 1 away from center  
Black – Color 4 – Black

Strip Set H – Make 4 – Press 2 toward center / Press 2 away from center  
Color 5 – Black – Color 6

Strip Set I – Make 4 – Press 2 toward center / Press 2 away from center  
Color 6 – Black – Color 7

Strip Set J – Make 2 – Press 1 toward center / Press 1 away from center  
Black – Color 7 – Black

Strip Set K – Make 1 – Press allowances toward center  
Color 7 – Black – Color 7